

# Adolescent Parenting Program



Do you often feel frustrated when attempts to discipline and teach children good behavior are ineffective and lead to family disagreements? Family issues such as...

- Back Talking
- Peer Pressure
- School Troubles
- Drugs and Alcohol
- Lack of Communication
- Chorus & Family Rules
- Step-Parent or Sibling Conflicts
- Technology Concerns

Plus many more topics.

If yes, this group will provide you with skills to use with your family to promote good, healthy relationships.



**Classes each Friday in March.  
At the Oskaloosa Public Library,  
Room D from 10 am to Noon.**

- March 6
- March 13
- March 20
- March 27

- Mahaska and Wapello County parent, of any age child, can enroll.
- Lessons are focused for parents of 14 to 17 year-olds.
- Refreshments available during class.
- Gift card for completing the classes.

**For information or to enroll:  
Call 641-682-8741  
Ext. 165 or Ext. 166**